

Affirmation Checklist

I am WORTHY of unconditional love.

I love my BODY.

I love MYSELF.

I deserve GOODNESS.

I deserve ABUNDANCE.

I deserve to be SAFE and SECURE.

I am a GOOD PERSON.

I deserve to BE LOVED.

I deserve to LOVE.

I DESERVE the life I say I WANT.

I trust my INTUITION.

I am CREATIVE.

My VOICE is beautiful.

My words are NECESSARY in this world.

I can envision a life of PEACE and JOY.

I BELIEVE that my life and work are MEANINGFUL and NECESSARY in the world.

